

Ring Size Guide

Before measuring your ring size, be sure this guide is printed in A4 size and scaled to 100%. You can check the accuracy of your print by positioning a credit card on the line below or placing the correct coin in one of the labeled ring sizes. If the card or coin lines up, you're all set.



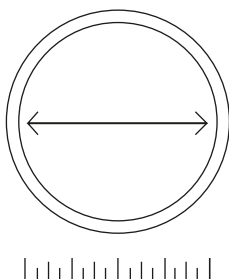
Option 1: Measure By Matching Your Ring

To find your Dementiev ring size, use an existing ring that fits you well. Match the inside of that ring with one of the circles to the right. When your ring has been placed on the right size, you should see only the white circle—with no gray lines—inside your ring. If your ideal fit falls between two sizes, we recommend choosing the larger size.



Option 2: Measure The Diameter

Measure the inside diameter of a ring that fits. Make sure it is in the center or largest area of the circle (pictured below). This is the diameter.



Diameter MM	Diameter Inch	Ring Size
14.48 MM	0.57 IN	G
14.88 MM	0.59 IN	H
15.29 MM	0.60 IN	I
15.49 MM	0.61 IN	J
15.9 MM	0.63 IN	K
16.31 MM	0.64 IN	L
16.71 MM	0.66 IN	M
17.12 MM	0.67 IN	N
17.53 MM	0.69 IN	O
17.93 MM	0.71 IN	P
18.34 MM	0.72 IN	Q
18.75 MM	0.74 IN	R
19.15 MM	0.75 IN	S
19.56 MM	0.77 IN	T